

Rice University Student Safety Plan

My safety is important. I will trust my judgment and my gut. I have a right to ask for help from law enforcement if I feel I am in danger.

This document is intended to help support your own efforts to stay safe. It is not designed as a one-size-fits-all checklist, but as a list of ideas and suggestions for you to choose from.

Important Phone Numbers

RUPD and EMS (on-campus)	(713) 348-6000 (24/7)
HPD and EMS (off-campus)	911 (24/7)
Rice Counseling Center	(713) 348-3311 (24/7)
Office of Sexual Violence Prevention and Title IX Support	(713) 348-3311
Student Wellbeing	(713) 348-3311
Student Judicial Programs	(713) 348-4786
Rice University Title IX Coordinator	(713) 348-4350
Houston Area Women's Center	(713) 528-2121 (24/7)
Montrose Center	(713) 529-3211 (24/7)

Safety on Campus

- The places I feel safest on campus are _____.
- The safest way for me to get to my classes is _____.
- I know my perpetrator likes to go to these places around campus: _____
_____. I can avoid these places whenever possible. If I do not want to or cannot avoid them, I can take my friends _____ or _____ with me when I go there, or I can _____.
- If I see my perpetrator while I am walking around campus and I feel unsafe, I can call RUPD or _____.
- If my perpetrator is showing up at my classes, my dorm, my work or internship on campus, or just always seems to be where I am, that could be stalking. If I think s/he is stalking me, I can call RUPD or talk to the Title IX Resource Navigator or _____.
- If I am walking around campus late at night or need to get to my car late at night, I can call RUPD for a night escort.
- I can park my car in a different place than I normally would if I feel the perpetrator knows where my car is or might harm my car. I can change the locks on my car if the perpetrator has a key or look into installing an alarm system.
- To help me feel safe going to parties or social events, I can ask my friends _____ and _____ to go with me. If I run into my perpetrator, I can _____.
I could also _____.
- If I have a protective order, I can give a copy of it to RUPD.

- If I do not feel safe in my classes or on campus, I can ask about my options with the Title IX Resource Navigator.
- I could also _____.

Safety at Residence – on Campus

- I can keep my door and windows locked and ask my roommates to do the same.
- I can ask RUPD to do a security check of my room.
- I can tell my roommates to call RUPD or to _____ if the perpetrator shows up/is violent.
- I can tell my Masters/RAs/HRFs to call RUPD or to _____ if the perpetrator comes to my college/residence or is violent.
- I can tell _____, _____, and _____ at my college/residence that the perpetrator and I are no longer in a relationship or are no longer on good terms and that they should call RUPD or _____ if s/he shows up.
- If I no longer feel safe in my college/residence, I can talk to the Title IX Resource Navigator about my options.
- I could also _____.

Safety at Residence – off Campus

- I can change the locks to my door and windows.
- I can install a security system or a lighting system outside my residence.
- I can ask law enforcement to do a security check or walk-through of my residence.
- I can tell my neighbors _____ that the perpetrator and I are no longer in a relationship or are no longer on good terms and that they should call HPD or _____ if s/he shows up.
- I can seek legal consultation to find out the options about breaking my lease if I do not feel safe in my apartment.
- I could also _____.

Safety with Technology

- I could get a different phone number or block my perpetrator on my cell phone, and ask my friends and family to not give out my new number.
- I can change the passwords to my email, social media, school, banking, etc accounts, especially if my perpetrator has the passwords. I can make sure my web browsers are not storing my passwords.
- I can think about privacy settings for my social media accounts. I can check what settings are already on and consider making my accounts more private. If I feel safe and comfortable doing so, I could delete some of my social media accounts.
- I can get a new email address that only I have the password for.
- I could set my student directory info at Rice to be confidential. I can do this by logging into Esther. If I am unsure how to do this, I can ask the Title IX Resource Navigator or another person on campus I trust for help.

- I can ask RUPD, HPD, or Rice IT to look over my phone, computer, and other technology to make sure no spyware or malware has been installed.
- I could also _____.

Safety at Work

- The safest way for me to get to and from work is _____.
- I can tell _____ at work what is going on or ask them to call RUPD/HPD if they see my perpetrator.
- I can ask _____ to screen my calls for me at work. I will ask them to tell my perpetrator _____.
- If possible, I could talk to my boss about switching my work schedule around so I work different shifts than usual or come in at different times.
- I could also _____.

Safety with Children

- I can get my children support by having them talk to a counselor at school, a counselor at HAWC or another organization, or _____.
- If I have a protective order, I can give copies of it to my children's school(s) or daycare, babysitters, after-school caretakers, or others and talk to them about what it means.
- I can teach my children how to use the phone to call the police for help.
- I can talk to anyone who takes care of my children about who has permission to pick them up and that the perpetrator is not permitted to do so. I will inform their school, daycare, coaches, religious instruction leader, after-school caretakers, babysitters, and _____.
- I can teach my children a code word and what they should do when I use the word. For example, I may teach them to run to the neighbors and call the police.
- I can seek legal counsel on how to obtain legal custody or protections for my children.
- I could also _____.

Safety Leaving/Ending the Relationship

- My biggest safety concerns when ending the relationship are _____. I can talk to the Title IX Resource Navigator, the Houston Area Women's Center, the RCC, or _____ about making a plan to address these concerns.
- I can think carefully about how to end the relationship. It may not be safe for me to do it in person, so I could tell them by _____.
- I will tell _____, _____, and _____ that I am planning on ending the relationship.
- If the perpetrator responds badly to the breakup or the request for no contact, I can _____.
- If I live with or share a space with the perpetrator:

- I can prepare any items I may need to take with me when I exit the relationship before doing so. These could include money or important documents such as _____.
- If I rely on the perpetrator for transportation I can establish my own transportation by _____.
- I can check in with _____ or _____ to see if I would be able to stay with them.
- I can call the Houston Area Women's Center at 713-528-2121 or RUPD at 713-348-6000 for emergency housing.
- If I have pets or animals, I will make a plan for them to be placed with others or to take them with me.
- I will be cautious about planning to end the relationship. I may not want to leave information about relationship or sexual violence support around, or let the perpetrator know that I am preparing to end things.
- I could also _____.

Safety Staying in the Relationship

- I have the right to stay in or exit a relationship at any time for any reason. I have the right to make this choice and to not have my family, friends, partner, or anyone else make it for me.
- I can talk to _____ or _____ when I need to vent about the relationship or to get support.
- During an incidence of violence or abuse:
 - I can think ahead of time about how to get out of the space.
 - I can ask my friends or neighbors _____ to call RUPD/HPD if they hear suspicious noises coming from my residence.
 - I can teach my children or roommates a code word so they know to call for help.
 - During an argument or if things are escalating, I could try to position myself closer to an exit and away from dangerous or blocked spaces like the bathroom or kitchen.
- I could also _____.

Emotional Safety

- The things I can do to help myself feel strong and supported are _____.
- The people I can talk to for support are _____.
- I can think about getting counseling or therapy with the RCC, HAWC, or another agency.
- If I start thinking I want to return to the relationship, I can _____.
- I can also _____.